



# CAPITAL STRATEGIC SOLUTIONS

*A Women-owned Business Enterprise*

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News, Updates & Features

April 2023



CAPITAL  
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*A Women-owned Business Enterprise*

*Company Newsletter*

APRIL 2023

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## Water Week 2023

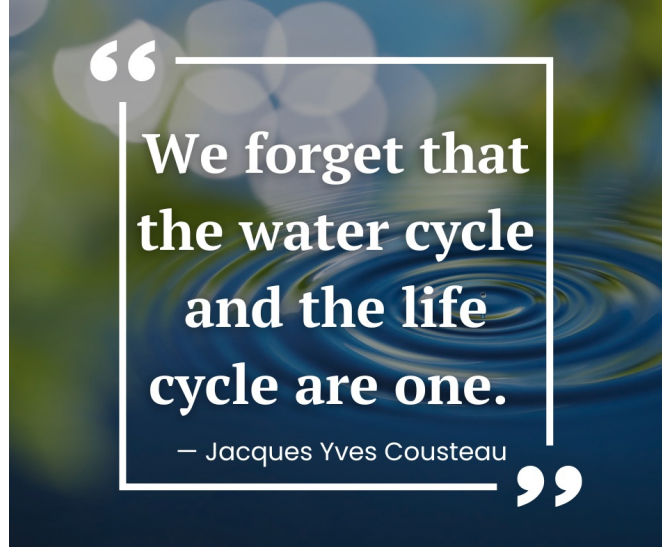
April 23 - 29, 2023

Water Week aims to raise awareness about water-related issues and challenges, and to promote the sustainable management and conservation of water resources.

Water plays a vital role in the life of a community. It is a fundamental resource that is essential for human health, economic development, and environmental sustainability. Our team works diligently with

communities across New England to:

- Build awareness about the importance of water and the need to protect its sources. When individuals and communities understand the value of water and the impact of their actions on its quality and availability, they are more likely to take actions to protect it.
- Promote water conservation by teaching individuals and communities how to use water efficiently and reduce waste. This can include tips for reducing water use at home, such as fixing leaky faucets, using low-flow toilets and showerheads, and avoiding overwatering lawns and gardens.
- Educate consumers about the importance of protecting water sources from pollution and contamination. This can include proper waste disposal, the use of pesticides and fertilizers, and the impact of industrial activities on water quality.
- Encourage individuals, communities, and stakeholders to work together to protect water sources. Creating a shared understanding of the challenges and opportunities and inspiring people to work together to find solutions.
- Foster sustainable water management practices, such as rainwater harvesting, water reuse, and watershed management to meet the needs of present and future generations.



Education about water and protecting its source is essential for promoting water conservation, improving water quality, and ensuring the sustainability of our water resources. By educating individuals and communities, we can create a shared understanding of the importance of water and the need to protect it for the well-being of our communities and the environment.

[Contact Us](#)

## Capital Strategic Solutions has obtained Certification as a Disadvantaged Business Enterprise (DBE)!

We are excited to announce that Capital Strategic Solutions has been certified by the Massachusetts Department of Transportation as a Disadvantaged Business Enterprise (DBE). This certification is a significant achievement for our company and represents our commitment to diversity, equity, and inclusion.



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## Up to Date Policies and Procedures are Essential to Ensure Public Safety

Policies and procedures for fire and emergency management services are essential to ensure that these services operate effectively and efficiently. Policies and procedures provide guidance and direction for personnel to ensure they respond appropriately to emergencies and provide a high level of service to the community.

With over 30 years of experience in emergency management and public safety, our team understands the complex and evolving nature of public safety issues. Our team provides annual and semi-annual reviews of fire and emergency management policies and procedures for communities throughout New England.



[Learn  
More](#)

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## Massachusetts Small Business Purchasing Program Certified!

We are pleased to announce that Capital Strategic Solutions has been certified through the Massachusetts Supplier Diversity Office Small Business Purchasing Program (SBPP). The SBPP provides special consideration for non-construction goods and services for Massachusetts Executive Offices estimated to cost less than \$250k. This applies to open-market public procurements, request for quotes of the same annual value issued under departmental and statewide contracts.



Learn more about **Capital Strategic Solutions** and the **Supplier Diversity Office's Small Business Purchasing Program**.





# Addressing Mental Health Challenges of First Responders

The high-pressure situations that first responders encounter can lead to stress and anxiety, which can affect their mental and physical health.

First responders, including police officers, firefighters, and EMS personnel, are exposed to high levels of stress, anxiety, and traumatic events as part of their job. This can lead to several mental health challenges, including post-traumatic stress disorder (PTSD).

It is essential to have strategies in place to prevent and manage stress, anxiety, and PTSD for first responders. **Paul Normandin, Sr. Project Manager** for Capital Strategic Solutions has experience in developing programs to remove the stigma associated with mental health issues for first responders, is experienced in sourcing funding to implement mental health programs for first responders.

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## Grant Watch



## Green Communities Competitive Grant Program

This program provides funding to qualified communities for energy efficiency and renewable energy projects that will lead to overall reduction in energy. Communities that have been designated as a Green Community can again apply for a

competitive grant this year, for which the State has set aside \$15 million, with a maximum award to an applicant of \$200,000. While the date for Block one applications has passed, communities who qualify for Block 2 should start planning now to meet the October 20, 2023 deadline. To qualify, all prior green community grant funds must be spent by August 31st and communities must submit their final grant report also by this date. The State's priority for this year's funding is projects that further the State's commitment to achieve Net Zero emissions in 2050 and combat climate change. The evaluation criteria include project viability, greenhouse gas emission reductions, energy reductions, strategic electrification, and direct benefit to Environmental Justice communities. Projects that could be funded include energy conservation measures, hybrid, electric or hybrid-electric vehicles, electric vehicle charging stations, vehicle efficiency measures, financing the siting and construction of renewable and alternative energy projects on town owned land, building operator certification training for staff members and energy storage project to address peak demand.

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# Central Mass CONFERENCE FOR WOMEN

powered by *She's*  
Local

We average 300 attendees at each in-person event, skillfully bringing together speakers, vendors, entertainers, sponsors, attendees, business owners and community leaders. For the second time, we are bringing a high-quality, affordable, in-person and live virtual experience to local women on **June 8th 2023** at the **AC Hotel by Marriott, in Worcester, MA.**

## Buy your ticket to the 2nd Annual Central Mass Conference for Women

- \$52 Conference day
- \$35 Comedy Kick-off Wednesday night
- Sponsorship opportunities are still available!

**For More  
Information**

## Central Mass Conference For Women

**Nichol Figueiredo** is a proud board member for the **Central Mass Mass Conference for Women**. The Central Mass Conference for Women aims to inspire, connect, motivate and move women through every stage along their path. Our mission is to create lasting experiences for women, close to home.



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